

AGENDA
Fiber Safety & Awareness Training
AMEC Training Center Annex, Jefferson City, Missouri
OCTOBER 26 - 28, 2026

MONDAY, OCTOBER 26

12:30 p.m. **Registration**

1:00 p.m. **Welcome & Announcements**

1:15 p.m. **Missouri One Call - Classroom Training – John Spatafora - MO One-Call**

- Underground Utilities/Hazards
- General Cable/Utility Locating Practices

2:45 p.m. **Job Briefings / Preparation / Communication**

3:30 a.m. **The Electrical Power System**

- General Electrical Theory/Hazards/Precautions
- Generation & Transmission System(s) (G&T's)
- Missouri - Three Tier Structure
- Distribution Systems (OH and UG)
- NESC Specifications – Communications Space vs. Supply Space

4:30 p.m. **Adjourn**

TUESDAY, OCTOBER 27

8:00 a.m. **The Electrical Power System (Continued)**

- General Electrical Theory/Hazards/Precautions
- Generation & Transmission System(s) (G&T's)
- Missouri - Three Tier Structure
- Distribution Systems (OH and UG)
- NESC Specifications – Communications Space vs. Supply Space

9:00 p.m. **Wood Pole Inspections/Climbing Hazards/Attachments**

9:30 a.m. **Minimum Approach Distances**

- 1910.269 Electric Power Generation, Transmission and Distribution
- 1910.268 Telecommunications
- Working in the Communications Space vs. Supply Space

10:00 p.m. **Care, Use and Inspection of Personal Protective Equipment (PPE) – Tallman Equipment Sales - Doug Kirk**

- General PPE, Care, Use and Inspection
- Climbing Gear, Fall Restraints and Bucket Harnesses

12:00 p.m. **Catered Lunch**

1:00 a.m. **Hazard Recognition**

- Danger Structures
- Hazardous Equipment
- Minimum Approach Distances/NESC Specifications

3:15 p.m. **Confined Spaces – Entry and Testing Requirements**

3:30 p.m. **Ladder Safety/Lashing/General Safety Practices**

4:00 p.m. **General Grounding Principles/Equipment Set-up**

- Placement of Equipment/Machinery/Trailers
- Vehicle Grounding/Vehicle Barricading
- General Lock-out/Tag-out Principles/Awareness

4:30 p.m. **Adjourn**

WEDNESDAY, OCTOBER 28

8:30 a.m. **General Construction Methods - Co-Mo Connect –Aaron (AJ) Hagedorn**

- Cable types
- Strand and Cable Placement
- Down Guys and Anchors
- Lasher and Specific Tools & Equipment
- Conduit Placement
- Hose Drops & Installation
- General Safety Practices
- Ladder setup and equipment

11:00 a.m. **Open Discussion and Review**

11:30 a.m. **Adjourn**

NOTE: Breaks will be taken as necessary.

Workshop will be instructed by: AMEC Training Staff, CO-MO Connect Cooperative Staff, Outside Speakers