

**Program**  
**OVERHEAD CONSTRUCTION AND MAINTENANCE LAB**  
**AMEC Training Center Annex, Jefferson City, Missouri**  
**June 1-4, 2026**

**MONDAY, JUNE 1**

- 12:30 p.m. Registration
- 1:00 p.m. Welcome and Announcements
- 1:15 p.m. Lock-out, Tag-out (*Classroom*)
- 3:15 p.m. Grounds Principles (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 4:30 p.m. Adjourn

**TUESDAY, JUNE 2**

- 8:00 a.m. Intro to Tools & Common Uses (*Classroom*)
- 9:00 a.m. Insulator Installation and Replacement (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 10:00 a.m. Conductor, Installation, Tying and Repair (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 12:00 noon Catered Lunch
- 1:00 p.m. Cross-Arm Replacement (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 2:00 p.m. Transformer Preparation, Installation and Changeout (*Classroom & Field Exercises*)  
Secondary & Meter Installation & Transformer Theory  
***Climbing Tools Needed***
- 4:30 p.m. Adjourn

**WEDNESDAY, JUNE 3**

- 8:00 a.m. System Coordination Basics (*Classroom*)
- 9:00 a.m. Cutout Installation and Removal (*Classroom & Field Exercises*)
- 11:00 a.m. Recloser Installation and Maintenance (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 12:00 noon Catered Lunch
- 1:00 p.m. Recloser Installation and Maintenance (Cont.) (*Classroom & Field Exercises*)  
***Climbing Tools Needed***
- 3:00 p.m. Capacitor Installation and Maintenance (*Classroom & Field Exercises*)
- 4:30 p.m. Adjourn

**THURSDAY, JUNE 4**

- 8:00 a.m. Regulator Installation and Maintenance (*Classroom & Field Exercises*)
- 12:00 noon Adjourn

**NOTE: Breaks will be taken as necessary.**

***Workshop will be instructed by AMEC staff***