

Program
INTRODUCTION TO LIVE LINE PROCEDURES LAB
AMEC Training Center Annex, Jefferson City, Missouri
August 31-September 3, 2026

MONDAY, AUGUST 31

12:30 p.m.	Registration	12:00 noon	Catered Lunch
1:00 p.m.	Welcome & Announcements	1:00 p.m.	Field Exercises Field exercises designed to teach the proper application Each participant will participate in the following tasks:
1:15 p.m.	Electrical Hazard Recognition		1. Pole Top Insulator Change
2:30 p.m.	Job Planning and Job Briefings		2. Dead-End Insulator Change
3:30 p.m.	Minimum Approach Distances Personal vs. Vehicle Energy Source Controls		3. Install Open Point with Epoxilator
			4. In-Line Splicing
			5. Basic Troubleshooting/Repair
			6. Single-Phase Pole Change-outs (Ex. A-1, A-5 & A-6)
4:30 p.m.	Adjourn	4:30 p.m.	Adjourn

TUESDAY, SEPTEMBER 1

8:00 a.m.	Application of Aerial Devices & Digger Derricks Live Line Tools Unit Inspection Vehicle Grounding Boom Tip Continuity Vehicle Placement
9:00 a.m.	Introduction to Personal Protective Equipment- Gloves, Sleeves, etc.
10:00 a.m.	Introduction to Cover-up Materials- Rubber Goods, Plastic Line Guards, etc.
11:00 a.m.	Proper Phase Handling Tools and Techniques Identify the various methods of controlling energized lines and the application of tools associated with live-line procedures, PPE, establishing a safe work zone, insulating materials and miscellaneous tools during live-line procedures.

WEDNESDAY, SEPTEMBER 2

8:00 a.m.	Field Exercises Continued
12:00 noon	Catered Lunch
1:00 p.m.	Field Exercises Continued
4:30 p.m.	Adjourn

THURSDAY, SEPTEMBER 3

8:30 a.m.	Review and Discuss Field Exercises
9:30 a.m.	Emergency Restoration Hazards
10:30 a.m.	AMEC Safety Manual Review Applicable Electrical Sections
12:00 noon	Adjourn

NOTE: Breaks will be taken as necessary.

This lab will benefit all apprentice lineworkers. Workshop will be instructed by AMEC & Cooperative Personnel