

Program
LINEMAN FUNDAMENTALS AND CLIMBER CERTIFICATION LAB
AMEC Training Center Annex, Jefferson City, Missouri
April 6-10, 2026

MONDAY, APRIL 6

10:00 a.m. Registration
10:30 a.m. Welcome, Announcements & Class Overview
AMEC Staff
11:00 a.m. Proper Fit, Care and Inspection of Climbing Gear & PPE
12:00 noon Catered Lunch
1:00 p.m. Proper Sharpening and Shaping of Climber Gaffs
2:00 p.m. Pole Inspection and Climbing Hazards
2:30 p.m. Introductory Climbing Techniques with Wood Pole Fall
Restraint

- General Climbing Techniques
- Tool Adjustments
- Pole-Positioning Techniques

4:30 p.m. Adjourn

TUESDAY, APRIL 7

8:00 a.m. Climbing Tools Demo/Climbing Practice
Instructor-Doug Kirk, Tallman Equipment
12:00 noon Catered Lunch
1:00 p.m. Intro to Ropes, Knots & Slings
2:00 p.m. Climbing Practice
4:30 p.m. Adjourn

WEDNESDAY, APRIL 8

8:00 a.m. Video Evaluations
9:00 a.m. Climbing Practice
12:00 noon Catered Lunch
1:00 p.m. Skills Testing – Basic Climbing Skills

- General Climbing Techniques
- Tool Adjustments
- Pole-Positioning Techniques
- Pole inspections

4:30 p.m. Adjourn

THURSDAY, APRIL 9

8:00 a.m. Skills Testing – Knot Tying
9:00 a.m. Skills Development

- Negotiating Obstacles
- Cross-arm installation
- Work Positioning

11:00 am Flagger Certification
12:00 noon Catered Lunch
12:30 p.m. Flagger Certification, *continued*
1:30 p.m. Introduction to Pole Top and Bucket Rescue
2:00 p.m. Pole Top and Bucket Rescue Practice
4:30 p.m. Adjourn

FRIDAY, APRIL 10

8:00 a.m. Skill Testing – Pole Top & Bucket Truck Rescue,
Cross Arm Technique
(All participants must perform a satisfactory rescue within four minutes.)
12:00 noon Adjourn

Workshop will be instructed by AMEC Staff & Cooperative Personnel